

Thai Binh, 16 September 2021

No: 85 /KH-CĐYT

PLAN

TRAINING STUDENTS FOR THE 12TH NATIONAL SKILLS COMPETITION 2021

HEALTH CARE AND SOCIAL WORK PROFESSION

I. OBJECTIVES, REQUIREMENTS

1. Objectives

- To organize the selection of candidates to participate in the 12th National Skills Competition, expected to take place from November 22, 2021 to November 30, 2021.
- To enhance knowledge and skills for excellent students of the college, promote creativity, self-study, and self-training to develop professional skills for students.
- To improve teaching quality, enhance professional skills, passion for the profession, and dedication in teaching of the college's lecturers.

2. Requirements

- Students selected for training must meet the prescribed standards.
- Lecturers assigned to coach must have a teaching plan to ensure the quality of teaching and learning.
- Lecturers and students must strictly follow the established plan.

II. PLAN CONTENT

1. Participants:

- Participating students must have academic performance and conduct rated "Good" or higher according to the results of the immediate preceding semester, voluntarily register for the competition, and possess good communication skills.
- Quantity: 02 nursing students.

2. Preparation of review content, assignment of tasks for lecturers

- Exam questions are prepared based on situational scenarios, covering 4 areas: Patient care in the hospital, home care, care at nursing homes, day care.

- Lecturers base on the content of the case studies to build review content, role-play scripts, and assessment rubrics to develop core competency content that is focused, guiding students to perform tasks in various situations (with detailed exam schedule attached to this plan).

- Lecture hours for lecturers participating in the review sessions are counted towards the norm hours.

3. Time and place of review:

- Time: From September 28, 2021, to November 16, 2021.
- Place: Simulation practice room

PHASE	CONTENT	TIME
Phase 1	- Review techniques for assessing medical and surgical patients	28/9
Phase 2 Case-based review	- Traumatic brain injury/ Type 2 Diabetes	29/9 to 20/10
	- Bronchial asthma	
	- Type 1 Diabetes	
	- Falls, fatigue	
	- Palliative care for lung cancer patients	
	- Parkinson's	
	- Hemiplegia - Aphasia	
	- Care and Monitoring for individuals at risk of COVID-19	
Phase 3 Match content according to exam topics	- PC in hospital	25/10 to 3/11
	- PC at home	
	- PC in nursing home	
	- Day PC	
Phase 4	General rehearsal	8- 16/11

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The school requires assigned lecturers and students to strictly implement this plan. During the implementation process, if there are any difficulties or proposals, contact the school's Board of Directors for timely consideration and resolution./.

Recipients:

- Board of Directors;
- Training Management Department (for implementation);
- Assigned lecturers;
- School website;
- Archives.

FOR THE PRINCIPAL

VICE PRINCIPAL



Nguyễn Thanh Sơn



SOCIALIST REPUBLIC OF VIETNAM

Independence - Freedom - Happiness

Thai Binh, September 16, 2021

**PEOPLE'S COMMITTEE OF THAI
BINH PROVINCE
THAI BINH MEDICAL COLLEGE**

No: ...

SKILLS EXAMINATION REVIEW SCHEDULE

(Attached to Plan No.: 85 /KH-CDYT dated September 16, 2021)

MODULE	TIME		CONTENT	NUMBER OF PERIODS	REVIEW LECTURER
	Day/Date	Day of Week (Periods)			
Patient Assessment Skills	Afternoon 28/9	Tuesday (periods 1,2)	Surgical Patient Assessment	02	Lecturer. Nguyen Thanh Luan
	Afternoon 28/9	Tuesday (periods 3,4)	Internal Medicine Patient Assessment	02	Lecturer. Pham Hong Nhung
	Afternoon 29/9	Wednesday	Develop Care Plan Monitor vital signs Health education for patients before discharge, record medical history.	04	Lecturer. Pham Hong Nhung Lecturer. Nguyen Thanh Luan
Scenario 1: Traumatic Brain Injury / Type 2 Diabetes (Clinical Setting at Hospital)	Afternoon 30/9	Thursday (periods 1,2)	Assess Glasgow Coma Scale (GCS) Instruct, train, and monitor patient's safe	02	Lecturer. Dang Van Minh

			ambulation		
	Afternoon 30/9	Thursday (periods 3,4)	Change dressing for left knee wound, record medical history	02	Lecturer. Nguyen Thi Thanh Nhan
Scenario 2: Bronchial Asthma (Clinical Setting at Hospital)	Afternoon 1/10	Friday	Develop a care plan for a full day on one A4 page	04	Lecturer. Pham Hong Nhung
	Afternoon 4/10	Monday	Encourage and instruct on using peak flow meter.	04	Lecturer. Pham Hong Nhung
	Afternoon 5/10	Tuesday	Draw a poster for health education for bronchial asthma patients	04	Lecturer. Nguyen Thi Bao Tram
	Afternoon 5/10	Tuesday	Health education for patients through poster	04	Lecturer. Nguyen Thi Nhan

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Situation	Time / Activity Details	Count	Staff
Situation 1: Type 1 Diabetes (Home Care)	Afternoon 6/10 Wednesday Develop a care plan for the patient on 01 A4 page. Assess the patient's current knowledge about their current condition. Health education for the patient about diabetes (knowledge, complications, blood glucose levels, signs of hyperglycemia and hypoglycemia, monitoring, and insulin use).	04	Instructor. Phạm Hồng Nhung
Situation 3: Type 1 Diabetes (Home Care)	Afternoon 7/10 Thursday (session 1,2) Instruct the patient on self-injecting insulin. Supervise the patient's insulin self-injection. Develop a care plan for the patient on 01 A4 page.	02	Doctor Phạm Hồng Nhung Instructor. Nguyễn Thị Thanh Nhân
Situation 4: Fall, fatigue (Day care)	Afternoon 8/10 Friday Check vital signs for the patient. Change wound dressing and bandage with X-shaped roll.	04	Instructor. Nguyễn Thị Hải Yến
	Afternoon 11/10 Monday Support the patient's arm with an Orbe splint. Instruct Ms. B on walking with one-person assistance.	04	Instructor. Tô Mạnh Cảnh
Situation 5: Parkinson's (Day care)	Afternoon 12/10 Tuesday Develop a care plan for the patient on 01 A4 page. Instruct Mr. G on normal range of motion (ROM) exercises.	04	Instructor. Tô Mạnh Cảnh
Situation 6: Hemiplegia - Aphasia	Afternoon 13/10 Wednesday (session 1,2) Perform wound dressing change, provide consultation, and monitor the wound.	02	Instructor. Nguyễn Thị Thảo
	Afternoon 14/10 Thursday (session 1,2) Develop a care plan for the patient on 01 A4 page.	02	Instructor. Tô Mạnh Cảnh
	Afternoon 14/10 Thursday (session 3,4) Discuss breakfast with the patient. Serve breakfast to the patient, encourage them to finish their meal.	02	Instructor. Lê Thị Hoa

Date/Day	Content	Quantity	Instructor
MATCHING CONTENT ACCORDING TO EXAM TOPICS			
25/Oct, Mon	Clinical Practice at hospital: Head injury/ Diabetes Type 2	02	Inst. Tran Thi Lien
26/Oct, Tue	Clinical Practice at hospital: Bronchial asthma	02	Inst. Tran Thi Lien
27/Oct, Wed	Clinical Practice at nursing home: Palliative care for lung cancer patients	02	Inst. Tran Thi Lien
28/Oct, Thu	Clinical Practice at nursing home: Hemiplegia - Aphasia	02	Inst. Le Thi Hoa
29/Oct, Fri	Daily Clinical Practice: Falls, Fatigue	02	Inst. Le Thi Hoa
29/Oct, Fri	Daily Clinical Practice: Parkinson's	02	Inst. Le Thi Hoa
1/Nov, Mon	Home Clinical Practice: Care and monitoring for people at risk of COVID-19	02	Inst. Le Thi Hoa
2/Nov, Tue	Home Clinical Practice 2: Diabetes Type 1	02	Inst. Le Thi Hoa
PHASE 4: GENERAL REHEARSAL			
3/Nov, Wed	Clinical Practice at hospital	8	Inst. Tran Thi Lien
8,9/Nov, Mon,Tue	Clinical Practice at hospital	8	Inst. Tran Thi Lien
10,11/Nov, Wed,Thu	Home Clinical Practice	8	Inst. Tran Thi Lien
10,12/Nov, Fri,Sat	Clinical Practice at nursing home	8	Inst. Le Thi Hoa
15,16/Nov, Mon	Daily Clinical Practice	8	Inst. Le Thi Hoa
TOTAL		116	
HOURS			